



WATERFRONT  
GRILLE

## Gluten Free Lunch

### STARTERS

#### JUMBO SHRIMP COCKTAIL

Tangerine Cocktail Sauce 5.50 each

#### SHRIMP SAMBAL

Sweet Chili Aioli, Apple-Cucumber Slaw 15.95

#### PAN BRAISED P.E.I. MUSSELS

Melted Leek Cream 15.95

#### HEIRLOOM BEET TARTAR

Fresh Goat Cheese, Pistachio Vinaigrette

Blood Orange, Crème Fraîche 15.95

*With Shrimp 10 ... With Chicken 8*

### SALADS

#### SHRIMP & WATERMELON

Artisanal Greens, Whipped Feta, Cucumber, Basil

Kalamata Olives, Local Honey Vinaigrette 23.95

#### CHICKEN CAESAR SALAD

Crisp Romaine Wedge, Parmigiano Reggiano,

Creamy Caesar Dressing 18.95

#### STEAK & BLUE WEDGE

Iceberg Wedge, Cherry Tomatoes,

Smoked Bacon, Scallion Oil,

Peppercorn Blue Cheese Dressing 23.95

#### VENETIAN BAY SALAD

Duet of Lobster & Tuna Salad,

Baby Field Greens, Herb Vinaigrette 21.95

#### AHI TUNA NICOISE SALAD

Tomato, Haricot Vert Puree, Cured Olives,

Red Onion, Hardboiled Egg, Herb Vinaigrette 23.95

#### NEW ENGLAND LOBSTER SALAD

Organic Greens, Cucumber, Mandarin Oranges,

Strawberry, Honey Dijon Vinaigrette 24.95

#### M BENTO BOX

One Scoop Tuna Salad, Served with the Chef's Soup of the Day,

Field Greens Salad & Fresh Fruit 19.95

### SANDWICHES

*-All Sandwiches Are Complimented By Your Choice Of Fresh Fruit Or Mixed Greens In Our Light House Dressing-*

#### SIGNATURE M GRILLE BURGER

Lettuce, Tomato, Housemade Coffee BBQ Sauce,

*Served Without Kaiser Roll 17.95*

#### TUNA SALAD

Spinach, Vine Ripe Tomatoes,

Seasoned Mayonnaise, Over Organic Greens 15.95

#### GRILLED MAHI

Crunchy Pineapple Slaw, Honey Ginger Aioli,

Over Organic Greens 18.95

#### NEW ENGLAND LOBSTER ROLL

Hot Lobster Sautéed, Fresh Herbs,

Served in a Casserole 26.95

### COMFORTS

#### ASIAN SWORDFISH TACOS

Nappa Cabbage, Cucumber & Apple Slaw,

Sweet Chili Aioli, Fresh Fruit 19.95

#### GRILLED SCOTTISH SALMON

Honey Roasted Carrots,

Apple-Sherry Gastrique 24.95

#### FRESH CATCH OF THE DAY

Please Be Sure to Ask Your Server

For Our Fresh Catch Of The Day,

Served With Organic Vegetables and Meyer Lemon Oil

*- Market Price -*

**\*\* The consumption of raw or undercooked food items may cause foodborne illness \*\***

**EXECUTIVE CHEF JOHN BERRY & ADAM NARDIS**